



Grounded Roots
Family Development
Center, PLLC

DECREASING BITING BEHAVIOR IN YOUNG CHILDREN

1

Understanding the Why:

Before diving into solutions, it's crucial to understand why toddlers may resort to biting. Identifying the root cause is the first step towards finding an effective solution.



2

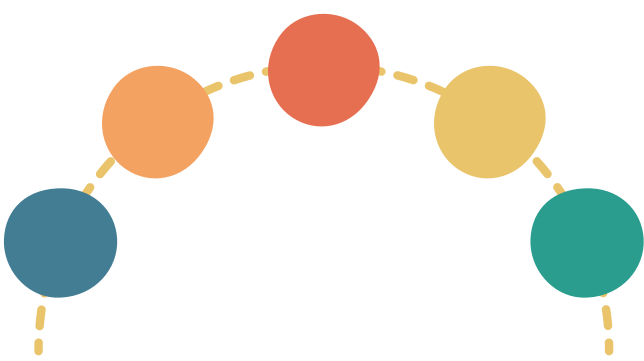
Promote Communication

Encouraging alternative means of communication is crucial in reducing biting incidents. Childcare providers empower them to communicate their needs without resorting to biting.

3

Promote Social Skills:

Teach social skills in a low-stakes time such as through songs, engaging books, and stories.



4

Supervision and Redirection:

Close supervision is key in preventing biting incidents. Redirect the child's focus to a different activity or guide them towards activities that may provide a distraction or sensory engagement.

5

Professional Development

Childcare providers should receive training in typical child development and behavior management.

